Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van de Weyer Rune

Coaches: Mertens Wenke

Coaches: Fobelets Jos

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:2, starttime: 14:00

Heat: 2/14 Lane : 3 Athlete: VAN NECK LISE **Q-time: 01:19:57**

PB (25m pool): 01:19.57 Tienen 26/10/2025 **PB (50m pool):** no time **SB:** no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.02		01:19.57	
		00:37.02		*00:42.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:12, starttime: 14:20

Heat: 12/14 Lane : 2 Athlete: VAN AERSCHOT NEL **Q-time: 01:06:05**

PB (25m pool): 01:06.05 Temse 17/11/2025 **PB (50m pool):** 01:08.35 **SB:** no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.62		01:06.05	
		00:31.62		*00:34.43*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ Heat:2, starttime: 15:55

Heat: 2/9 Lane : 3 Athlete: VAN NECK LISE **Q-time: 00:42:44**

PB (25m pool): 00:42.44 Meise 14/09/2025 **PB (50m pool):** 00:44.82 **SB:** no time

	2 5 M	5 0 M	
PB		00:42.44	
		00:42.44	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: WST

Event number: 36: 50M BACKSTROKE WOMEN 13+ **Heat:9, starttime: 16:05**

Heat: 9/9 Lane : 4 Athlete: VAN AERSCHOT NEL **Q-time: 00:32:29**

PB (25m pool): 00:32.29 Mol 04/10/2026 **PB (50m pool):** 00:33.84 **SB:** 00:32.29 Mol 04/10/2026

	25 M	50 M	
PB		00:32.29	
		00:32.29	
	. . : . . : . .	. . : . . : . .	

Coach feedback: